

# **Croft Church of England Primary School**

## **Let your light shine.**

### **Understanding Relationships and Health Education at Croft Church of England Primary School.**

#### **A guide for Parents and Carers**

#### **Introduction**

At Croft we want all children to grow up safe, happy, healthy and able to flourish with the challenges that life in modern day Britain bring. We are adopting the new statutory requirements for Relationships and Health Education by the Government.

These new requirements are designed to equip your child with knowledge to make informed decisions about their wellbeing, health and relationships as well as preparing them for a successful adult life.

When delivering this new content, we will deliver it in an age appropriate manner. We will be sensitive to their needs, religious background and we will meet their needs. We will always consider the needs of our community.

#### **Relationships and Sex Education, and Health Education in England.**

Croft Church of England Primary School is committed to providing our children with the knowledge and the skills that they need to be happy and safe for their future.

### **Relationships Education:**

Relationships Education will focus on how we build relationships with friends, family and online.

Your child will be taught about relationships and friendships. We shall look at the idea of family and how different that can be for everyone. Within our relationship education, we shall look at how we treat other people and the consequences of this. We shall be looking at how to stay safe in relationships and friendships. Our focus will be on kindness, empathy and respect.

### **Health Education**

The purpose of our Health Education is to equip our children with the knowledge so that they can make informed choices about their life choices for the present and for their future. We will also support them with recognizing issues and how they can seek early support.

Our Personal and Social and Health Education curriculum will cover a range of topics which include the following:

- Family and relationships
- Safety and the changing body
- Health and wellbeing
- Citizenship
- Economic wellbeing
- Transition
- Identity

### **Your rights as a parent**

The important work you do with your children at home regarding healthy relationships, looking after themselves and staying safe is hugely valued. Our work at school aims to support and compliment this.

It is essential for us as a school to consult with all stakeholders when developing our new policies. Please find our draft policies which will be amended as a direct result of the consultation period.

We welcome your opinions and these will help us to decide on how and when we cover the content of the statutory guidance. Please email the school on [admin@croft.embracemat.org](mailto:admin@croft.embracemat.org) with the title of SRE and for my attention.

### **Right to withdraw your child**

Regarding Relationship Education, you cannot withdraw your child from this as it is important that all children receive the content.

Parents have the right to request that their child be withdrawn from some or all of the sex education delivered as part of the statutory curriculum following discussions with the headteacher.

You do not have the right to withdraw your child from the Relationships Education or Health Education – this includes any content from the science curriculum. This include lessons on the changes in the body during adolescence.